

Grounded Baby User Guide

Laundry



Laundry Soap Powder & Fabric Softener

Machine Washing

- Pre-treat tricky stains with Laundry Bar.
- Add 1 scoop (30 ml) to the designated tray of the machine.
- Add warm water if the powder gets stuck, or add the powder directly to the drum.
- Add 120 ml of Fabric Softener to the tray (or as per the washing machine recommendation).

Hand Washing

- Fill the basin with water.
- Add 1 scoop (30ml) for every 10L of water, swirl until "milky".
- Submerge clothes, agitate.
- Use Laundry Bar to spot-treat.
- Rinse in clean water with 120 ml Fabric Softener.
- Hang dry.

Laundry Bar



- Wet clothes & soap.
- Scrub onto stains directly, from both sides of the fabric.
- Rinse clothes.
- Store soap in a dry area to make it last longer.

Surfaces

Surface and Toy Spray



- Strong, multipurpose soap-based spray to tackle messes safely.
- Shake well.
- Spray onto a damp cloth & wipe the surface, OR spray onto the surface and wipe with a damp cloth.
- If the surface seems sticky after, use more water on the wiping cloth. Safe for all surfaces.
- Can use directly on dishes, and clothes (to spot treat stains).

Bath & Bed Time

Foaming Body Wash



- Foamy fun for hand washing and bath time.
- Save container for refills.
- Lavender and fragrance-free options.
- 1L refills available.

Sweet Dreams



- Shake and spray
 - Into air in kid's rooms.
 - Into bath water + air in bathroom
 - Onto pillows.
- Save container for refills.

Sanitizer Spray



- Odorless, alcohol-free disinfectant safe for everything!
- Sanitizes against COVID, and nasty bacteria and viruses in 3 seconds.
- No rinsing is needed.
- Can use directly on hands instead of hand sanitizer, use directly on pacifiers without rinsing, or as a first aid antiseptic.

Dishes



- Use a damp sponge, and wipe across the top of the soap.
- Work into a lather - pofu sana!
- Wash & rinse dishes.
- Dump out excess water to make the soap last longer!
- Keep the plastic tub, we sell plastic-free refills.

First Aid

Sting Free First Aid Spray



- Kills 99.99% of germs and promotes skin healing
- Completely sting free! No more tears.
- Alcohol-free, PPB approved
- Use on cuts, eczema, nappy rash, hands, rashes, and sunburn